

Just Pampered Facial Threading Pre and Post Treatment Guidance

Pre Treatment

- ✓ Do not tweeze or use other methods of hair removal prior to the treatment.
- ✓ Ensure the skin is clean and dry. It is best not to wear make up but if you do arrive with foundation on we will need to remove from the area to be threaded.
- ✓ If you are looking to achieve a complete reshape for your brows, please leave them as long as possible so we have something to work with
- ✓ If you are considering a tint to go alongside a brow thread, please also arrange a patch test

What happens during treatment?

You will be taken through to the treatment room to get comfortable on the couch. Once the skin is prepped, we remove the hairs with the thread. It is the loop in the thread that twists and pulls the hair from the root. You will be shown where to hold or what facial expressions to pull to assist the treatment along with minimal discomfort. The treatment may feel slightly uncomfortable but the sensation is momentary and the whole treatment is over fairly quickly. After the treatment, we apply an aloe vera gel to the area to soothe the skin,

Post Treatment

- ✓ Avoid hot showers, baths, jacuzzi, sauna and steam for 24 hours
- ✓ No sunbathing or sunbeds for a minimum of 48 hours
- ✓ Avoid touching the treated area for 2-4 hours
- ✓ You may experience a redness to the skin. This is known as erythema and is completely normal. The effects will subside within a few hours
- ✓ Do not apply any lotions or perfumes to the area for 24 hours
- ✓ Avoid applying makeup to the area for a minimum of six hours
- ✓ Fake tan should not be applied until the next day
- ✓ If you experience any form of irritation, apply a cold compress to the area to soothe the skin

“What is the difference between facial threading and facial waxing?”

It mainly comes down to client preference. Some people prefer the sharper finish on the brows that can be achieved with threading. In general threading is ideal for heat sensitive areas or those who go red easily after waxing because with threading there is no heat or any products involved. Some clients prefer the speed of waxing. Both methods remove hair from the root, so the finished result would last a similar time frame. However, some clients do feel threading lasts slightly longer on their skin, mainly because it can pick up smaller, finer, shorter hairs that may be missed through waxing.