

Just Pampered Intimate Waxing Pre and Post Treatment Guidance

Pre Treatment

- ✓ Do not shave or use other methods of hair removal prior to the treatment. The hair should ideally be the length of a grain of rice.
- ✓ Ensure the skin is clean and dry
- ✓ Avoid applying body creams and deodorants to the area you wish to remove hair from as this may form a barrier and lead to less effective results
- ✓ Wear comfortable, cotton underwear

What happens during treatment?

We have two kinds of wax here at Just Pampered; the warm strip wax and the hot non strip sensitive wax for intimate areas. You will be given a consultation in the treatment room to discuss which intimate wax you would like; from Brazilian, Playboy or Hollywood. Your therapist will take time to answer any questions you have. You will then be left alone to get on to the treatment bed with a towel over your lap and the choice of disposable knickers or to keep your own on.

Once the skin is prepared, wax is applied to the area in small sections before it is removed one section at a time. As it is removed, the hair is pulled from the root leaving a smooth finish. The treatment may feel slightly uncomfortable but the sensation is momentary and the whole treatment is over fairly quickly. After the treatment, we give you aloe vera gel to apply to soothe the skin, then leave you in private to get dressed.

Please note if this is your first wax on this area or if the hairs are too short, you may find not all the hairs will be removed and that it takes a couple of regular wax visits to synchronise hair growth.

Post Treatment

- ✓ Avoid hot showers, baths, jacuzzi, sauna and steam for 24 hours
- ✓ No sunbathing or sunbeds for a minimum of 48 hours
- ✓ You may experience redness to the skin. This is known as erythema and is completely normal. The effects will subside within a few hours
- ✓ Do not apply any lotions or perfumes to the area for 24 hours
- ✓ Avoid applying makeup to the area for a minimum of six hours
- ✓ Fake tan should not be applied until the next day
- ✓ Avoid wearing tight clothes for the remainder of the day as it may irritate the skin