

Just Pampered Warm Waxing Pre and Post Treatment Guidance

Pre Treatment

- ✓ Do not shave or use other methods of hair removal prior to the treatment. For body waxing the hair should ideally be the length of a grain of rice.
- ✓ Ensure the skin is clean and dry
- ✓ Avoid applying body creams and deodorants to the area you wish to remove hair from as this may form a barrier and lead to less effective results
- ✓ For bikini waxing, wear comfortable, cotton underwear
- ✓ During facial waxing it is best not to wear make up but if you do arrive with foundation on we will need to remove from the area to be waxed.
- ✓ Please be aware if you have fake tan on the wax will remove it. Please wait until after (minimum 24 hours after) the wax treatment to apply fake tan.

What happens during treatment?

We have two kinds of wax here at Just Pampered; the warm strip wax and the hot non strip sensitive wax for intimate areas. The warm wax is tea tree based for antiseptic benefits and is used on large areas, for example legs.

Once the skin is prepared, wax is applied to the area. We then remove the wax with a paper strip, which pulls the hair from the root, leaving a smooth finish. The treatment may feel slightly uncomfortable but the sensation is momentary and the whole treatment is over fairly quickly. After the treatment, we apply an after wax lotion to soothe the skin and you are left in private to get dressed.

Please note if this is your first wax on this area or if the hairs are too short, you may find not all the hairs will be removed and that it takes a couple of regular wax visits to synchronise hair growth.

Post Treatment

- ✓ Avoid hot showers, baths, jacuzzi, sauna and steam for 24 hours
- ✓ No sunbathing or sunbeds for a minimum of 48 hours
- ✓ You may experience a redness to the skin. This is known as erythema and is completely normal. The effects will subside within a few hours
- ✓ Do not apply any lotions or perfumes to the area for 24 hours
- ✓ Avoid applying makeup to the area for a minimum of six hours
- ✓ Fake tan should not be applied until the next day
- ✓ Avoid wearing tight clothes for the remainder of the day as it may irritate the skin