

Just Pampered Lash Lift and Eyelash Perm Pre and Post Treatment Guidance

Pre Treatment

- ✓ The eyes are a sensitive area so we need to carry out a patch test at least 24 hours before the treatment commences. The patch test takes just a moment and is placed behind the ear or in the crease of the elbow. It can be carried out any time but please call ahead or book it as an appointment so we can be sure somebody is available for you
- ✓ Assuming you have no reaction within the 24 hours, we are ready to go ahead with the treatment. (A reaction would include severe itching, swelling and redness and other signs of discomfort. If this occurs please contact us immediately)
- ✓ Please arrive at your appointment with no eye make-up on. The treatment is most effective on dry lashes and will provide better results if we do not need to use makeup remover immediately beforehand

What happens during treatment?

The treatment is fairly relaxing, and all that is required from you is to lay down with your eyes closed and relax. We can cover you with a blanket to keep you warm and enjoy the heated bed in the cooler months. If you can keep your eyes closed and still, you will achieve the best possible results. We apply a shield or rod to the eyelids and temporarily stick the lashes back on to them. This is the part that takes the most time and will make or break the treatment, so we really take our time making sure your lashes look perfect. Then, we apply the specialist products to set the lashes in place before unsticking them and removing the shields/rods. The treatment includes an eyelash tint and altogether takes approximately 50 minutes from start to finish.

Post Treatment

- ✓ After your eyes have been closed for some time, it will take a moment for them to refocus so please take your time to sit up and refocus before getting down from the couch
- ✓ We provide cold compress to rinse the eyes in case they are feeling at all gritty or blurry from being closed for so long. If after you get home you feel they need a rinse, simply apply cool water to cotton wool, squeeze the excess water and gently rub or blink onto the lashes
- ✓ It is fine to wear eye make up after the treatment but you will find you probably won't need to day to day and will maybe only want to for a special occasion or night out
- ✓ Day to day you will find combing through some clear mascara or petroleum jelly will keep them looking glossy and healthy
- ✓ The treatment is perfect for holidays because it is low maintenance
- ✓ If, after sleeping, the lashes appear to criss cross it may be from your pillow. Take a brow comb and gently comb the lashes to bounce them back to life.
- ✓ The lift or perm will eventually grow out with your own lash cycle after approx. 8-10 weeks. We recommend a lift or perm no more frequently than this but you may have an eyelash tint in between to keep the results looking noticeable

What is the difference between Lash Lift and Eyelash Perm?

They both use similar products but with different methods, so the results last a similar amount of time. A lash lift is a root lift, giving the illusion of wider eyes and longer lashes, where the lashes appear long and straight. An eyelash perm has been around a lot longer than a lash lift and gives a curl to the lashes for a more subtle lift, which is still favoured by some clients.

What is the age limit for Lash Lift and Eyelash Perm?

We are not able to offer these services to anybody under aged fourteen. For those between fourteen and sixteen we require a parent or guardian to attend the appointment, complete a form and remain present in the treatment room throughout.