

## **Just Pampered Eyelash and Eyebrow Tinting Pre and Post Treatment Guidance**

### **Pre Treatment**

- ✓ The eyes are a sensitive area so we need to carry out a patch test at least 24 hours before the treatment commences. The patch test takes just a moment and is placed behind the ear or in the crease of the elbow. It can be carried out any time but please call ahead or book it as an appointment so we can be sure somebody is available for you
- ✓ Assuming you have no reaction within the 24 hours, we are ready to go ahead with the treatment. (A reaction would include severe itching, swelling and redness and other signs of discomfort. If this occurs please contact us immediately)
- ✓ Please arrive at your appointment with no eye make-up on. The treatment is most effective on dry lashes and will provide better results if we do not need to use makeup remover immediately beforehand

### What happens during treatment?

The treatment is fairly relaxing, and all that is required from you is to lay down with your eyes closed and relax. We can cover you with a blanket to keep you warm and enjoy the heated bed in the cooler months.

**Eyelashes:** If you can keep your eyes closed and still, you will achieve the best possible results. We apply a protective barrier to the skin around the eyes to prevent staining on the skin and an under eye pad before applying the tint to both the bottom and top lashes from root to tip. We have a selection of colours to suit all hair types; blue black being the darkest. Once applied we cover with an eye pillow and stay beside you while the tint develops for 8-12 minutes. We remove all excess product, cleanse the eyes and then give you pads to wipe yourself

**Eyebrows:** We apply a tint to suit your hair colour and the results you wish to achieve to the brows. The hairs on the brows take much quicker, so for a first timer or someone who does not want the brows too dark, we apply and remove almost immediately. You are shown in the mirror and the tint is reapplied and removed until you are happy with the depth of colour. Once we have done your brows we will know your depth of colour next time and gauge the timing accordingly to suit you. Once happy with your colour we cleanse the brow and move on to the shape if you have requested this.

### **Post Treatment**

- ✓ After your eyes have been closed for some time, it will take a moment for them to refocus so please take your time to sit up and refocus before getting down from the couch
- ✓ We provide cold compress to rinse the eyes in case they are feeling at all gritty or blurry from being closed for so long. If after you get home you feel they need a rinse, simply apply cool water to cotton wool, squeeze the excess water and gently rub or blink onto the lashes
- ✓ The brows tend to fade quicker than the lashes due to daily cleansing, more direct sun exposure, sweat and so on. We recommend a brow tint every 2-4 weeks
- ✓ The eyelash tint fades with cleansing and grows out with your lash growth cycle. We recommend an eyelash tint around every 4-6 weeks.

### What is the age limit for tinting?

We are not able to offer tinting services to anybody under aged fourteen. For those between fourteen and sixteen we require a parent or guardian to attend the appointment, complete a form and remain present in the treatment room throughout.