

Additional Notes for Advanced Facials - Skin Peel and Microdermabrasion

Will my skin be red afterwards?

Yes it will be slightly pink afterwards, and a possible redness on sensitive areas and around blemishes. This is called erythema, where the blood rushes towards the skins surface as a result of a circulation boost. This normally subsides very quickly and is considered a good thing because it is a sign the treatment is working. Even the most sensitive of skins will recover overnight and return to normal by the following morning and for most clients it is within as little as an hour.

Will I break out after the treatment?

It is possible you may experience a break out after the treatment, but it will only bring to the surface what was already on its way anyway. It will not cause new spots to form because all of the products are non comedogenic.

Why would I choose one over the other between peels and microdermabrasion?

A peel is ideal for a client who doesn't like the feel of a mechanical exfoliation (grit on the skin) or for finer, crepey skin, and broken capillaries. Microdermabrasion is ideal for thickened skin and for clients that like the feel of abrasion on the skin. The ideal for the best results is to have both together in the same appointment. Both are excellent for skin resurfacing and rejuvenation.

How many treatments will I need before I notice a difference?

This depends on your reasons for having the treatment. If you are treating dull, dry skin which needs brightening but doesn't have many blemishes or pigmentation issues, you will notice a fresher skin with more even skin tone immediately after one treatment. To treat an underlying issue, we recommend a course of treatments.

Homecare Programme

Your therapist would be happy to advise you on the best homecare products to use in order to achieve the most effective results from your treatment. Your skin will always benefit from using professional products at home. When investing in the Advanced Facials it is important to maintain the results between treatments with a good homecare routine.